

A B S T R A C T

A runner for a motor vehicle seat, said runner comprising firstly first and second rails mounted to
5 slide relative to each other in a longitudinal direction, and secondly a locking mechanism including an additional latch mounted substantially to pivot on a main latch about a second pivot axis, the additional latch being interposed between the main latch and a control member so
10 that, when the control member moves from the locking position to the unlocking position, firstly the additional catch is pivoted about the second pivot axis, and secondly the additional latch and the main latch are pivoted about the first pivot axis.